

Prisma Health Care Collaborative: Now Taking New Referrals for Suspected ADHD Diagnosis, Treatment and Management



Here's how it works:

Prior to the appointment, patients complete a series of questionnaires. These assist us in understanding not only the patient's symptoms, but also their context.

Significant overlap exists between the symptom profiles of various mental health conditions. Understanding the whole picture, including developmental context, onset and progression of symptoms, response to previous interventions, and degree of functional impairment is critical to helping individuals achieve their goals. Our goal is not to provide labels - but to offer interventions that result in functional improvement.

After the **consultation**, patient and referring provider will receive a copy of the assessment, including a list of **suggestions** to address the **issues identified**.

Patients then have the **option to work with our team** to implement these suggestions, and/or **take the information back** to their providers to implement.

For those who decide to continue working with our team (additional fees apply), we first ensure the basics of wellness are in place. We then work with patients to narrow in on functional impairments and contributing factors, collaboratively determining clear metrics to assess the effects of treatment.

Regular follow up (in person or virtual) continues as needed to achieve functional improvement.

Discharge documentation is provided to the referral source including suggestions for ongoing management.

Referrals are
accepted via
Ocean
E-Referral
ONLY

Learn more by visiting our website at www.prismahcc.ca/nmh

Additional Services



Advanced Assessment:

- review of any prior medical documentation, therapy notes, psychiatric/psychologic assessments
- additional laboratory investigations based on your individual needs and review of past results in the context of your symptoms
- integrated care plan

\$500

Service Integration (per hour):

- with outside providers involved in your care
- can take place at any time during the course of care

\$300/h

Microbiome Optimization

- Research shows our microbiome has a significant effect on our health, and correcting this can improve or completely relieve symptoms.
- Partnering with one of the leading microbiome analysis groups, this additional service helps us create your personalized care plan.

\$350 (test + optimization plan)

\$200 (test only)

Ongoing Comprehensive Coaching and Care Services:

- regular visits with the team throughout the course of implementing your integrated care plan
- prescriptions and additional laboratory investigations as needed

Every person is unique, and each care plan is too! Some individuals can respond in unexpected ways to different treatments - we think of this as an opportunity to learn more about you and your brain, and we work with you to understand and find strategies that really work.

Our team will take the time to help you understand what is going on in your own mind and body, and work with you to achieve your mental health goals.

\$150 per 50 minute session